

## Assume You Are the Only One Who Will Reach Out.

Most people want to be there for others in a crisis. But fear of not saying or doing the right thing gets in the way. Fear of saying or doing something that could make things worse. Fear of not knowing how to find help for a person in need.

Talk Saves Lives is a presentation about what signs to look for, what to do, and how to find the right help for someone in crisis.

Talk Saves Lives will be presented by Mary Fowler, program director, Upstream Suicide Prevention Program, RWJBarnabas Health Institute for Prevention & Recovery.

Please register online at https://bit.ly/2KSBADX.

## Monday, October 15, 2018

at 7:00 pm



## **Howell Public Library**

A branch of the Monmouth County Library system
318 Old Tavern Road, Howell, NJ 07731 Telephone: 732-938-2300 www.monmouthcountylib.org